

Sayre Public School

SEPTEMBER BREAKFAST & LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
LABOR DAY NO SCHOOL	Chicken Biscuit, Jelly, Cereal, Fruit, Juice, Milk ~~~ Spaghetti w/ Meat Sauce, Green Beans, Garlic Knot, Fruit, Salad Bar, Milk	Yogurt Parfait, Cereal, Fruit, Juice, Milk ~~~ BBQ Chicken, Loaded Mashed Potatoes, Roll, Fruit, Salad Bar, Milk	Breakfast Pizza Flatbread, Cereal, Fruit, Juice, Milk ~~~ Pulled Pork Sandwich, BBQ Baked Beans, Fruit, Salad Bar, Milk	Cinnamon Roll, Cereal, Fruit, Juice, Milk ~~~ Pizza, Italian Bread, Carrot Sticks, Fruit, Salad Bar, Milk
10	11	12	13	14
Pancake on a Stick, Cereal, Fruit, Juice, Milk ~~~ Country Fried Steak, Mashed Potatoes & Gravy, Roll, Fruit, Salad Bar, Milk	Biscuit & Gravy, Jelly, Cereal, Fruit, Juice, Milk ~~~ Ham & Cheese Sub, Garden Salad, Carrot Sticks, Fruit, Salad Bar, Milk	Pancake Minis, Cereal, Fruit, Juice, Milk ~~~ Lasagna, Green Beans, Breadstick, Fruit, Salad Bar, Milk	Toast & Jelly, Scrambled Eggs, Cereal, Fruit, Juice, Milk ~~~ Chicken Fajitas, Refried Beans, CHips & Salsa, Fruit, Salad Bar, Milk	Donut, Cereal, Fruit, Juice, Milk ~~~ Cheeseburger, Tater Tots, Fruit, Salad Bar, Milk
17	18	19	20	21
Breakfast Quesadilla, Cereal, Fruit, Juice, Milk ~~~ Pig in a Blanket, Mac and Cheese, Green Beans, Fruit, Salad Bar, Milk	Muffin, Yogurt, Cereal, Fruit, Juice, Milk ~~~ Beef Enchilada, Refried Beans, Chips & Salsa, Fruit, Salad Bar, Milk	Biscuit & Gravy, Jelly, Cereal, Fruit, Juice, Milk ~~~ *BBQ Mini Meatloaf, Mashed Potatoes & Brown Gravy, Roll, Fruit, Salad Bar, Milk	Scrambled Eggs, Toast & Jelly, Hashbrown, Cereal, Fruit, Juice, Milk ~~~ Santa Fe Chicken Wrap, Carrot Sticks, Fruit, Salad Bar, Milk	Cinnamon Roll, Cereal, Fruit, Juice, Milk ~~~ Stromboli, Marinara, Caesar Salad, Rice Krispy Treat, Fruit, Salad Bar, Milk
24	25	26	27	28
French Toast Sticks, Cereal, Fruit, Juice, Milk ~~~ *BBQ Meatball Sub, Garden Salad, Fruit, Salad Bar, Milk	Breakfast Taco, Cereal, Fruit, Juice, Milk ~~~ Chicken Alfredo, Green Beans, Breadstick, Fruit, Salad Bar, Milk	Cinnamon Toast, Scrambled Eggs, Cereal, Fruit, Juice, Milk ~~~ Pineapple Glazed Ham, Roasted Carrots, Corn, Roll, Fruit, Salad Bar, Milk	Waffles (2) w/Toppings, Cereal, Salsa, Fruit, Juice, Milk ~~~ Popcorn Chicken, Mashed Potatoes & Gravy, Roll, Fruit, Salad Bar, Milk	Biscuit & Gravy, Jelly, Fruit, Juice, Milk ~~~ Cheeseburger, BBQ Baked Beans, Fruit, Salad Bar, Milk

This institution is an equal opportunity provider.

*Indicates new menu Item